

# Kinesiology Verification of Experience Form

## Physical Activity and Sport Experience Information:

In the boxes below, please document your recent participation in organized sport or physical activity. Consider courses taken for high school credit in physical education, organized sports teams, regular group fitness classes or a structured individual fitness training program. Leadership experience within any of these activities should be highlighted as an asset.

For each item you are required to list:

- x A general description of the activity including location, start date, end date, total number of weeks, average number of hours per week.
- x Complete details for a sport or fitness professional contact person (e.g., physical education teacher, sport

Applicants